

OTHER AREA RESOURCES

SNAP (SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM) BENEFITS Department of Transitional Assistance:

35 Congress Street, Salem, MA 01970

- Applications Hotline 978-825-7300
- SNAP Program 1-800-249-2007

WIC (WOMEN, INFANTS, CHILDREN) PROGRAM 781-599-7290

- **Lynn Office:**
20 Central Avenue, 2nd Floor, Lynn, MA 01902

SCHOOL HOT LUNCH PROGRAM

- **Call your local public school district office**

SENIOR LUNCH PROGRAM

Local Councils on Aging provide a hot lunch (\$2 suggested donation) to residents age 60 and older. *No senior is ever denied a meal for lack of funds.* Call your local Senior Center for more information:

- Lynn Senior Center 781-586-8503
- Lynnfield Senior Center 781-581-7557
- Nahant Senior Center 781-231-4178
- Saugus Senior Center 781-231-4178
- Swampscott Senior Center 781-581-7557

MY BROTHER'S TABLE 781-595-3224

98 Willow Street, Lynn, MA 01901

Free meals weekdays from 11:45 a.m.–12:30 p.m. and from 5:30–7:15 p.m. and on weekends from 2:30 – 4:15 p.m.

Everyone is welcome!

CATHOLIC CHARITIES NORTH 781-593-2312

117 North Common Street, Lynn, MA 01902 Fax 781-581-3270

Food gift cards distributed quarterly. Call Intake for more information and to get daily hours.

Greater Lynn Senior Services (GLSS) is pleased to provide this information to area residents. In conjunction with our community partners, we endeavor to compile and publish a comprehensive list of nutrition assistance programs in our area on an annual basis; however, we cannot vouch for the completeness and accuracy of information provided to us by others.

If you are aware of other potential sources of nutrition assistance for individuals or families in need in our area, please contact GLSS' Information and Referral Department at 781-599-0110 (info@glss.net).

Good food for you.



NUTRITION ASSISTANCE PROGRAMS AND FOOD PANTRIES IN THE GREATER LYNN AREA



Greater Lynn Senior Services

8 Silsbee Street Lynn, MA 01901 www.glss.net

IN THE CITY OF LYNN

**EAST COAST
INTERNATIONAL CHURCH**
65 Munroe Street
Lynn, MA 01901
781-592-3242

Weekly
Fridays, 9:30 – 11:00 a.m.
• All served

**GREATER LYNN
SENIOR SERVICES**
8 Silsbee Street
Lynn, MA 01901
781-586-8684

Monthly
Third Friday of the month
10:00 a.m. – 12:30 p.m.
• 60 and older
• Must pre-register and meet income guidelines

**IGLESIA CRISTIANA
TORRENTE DE CEDRON**
56 Franklin Street
Lynn, MA 01902
781-593-9931

Weekly
Thursdays, 5:00 – 7:00 p.m.
• ID required
• Proof of family size, income, and address

**LIFT (LOVE IS FOREVER
TRANSFORMING)
FIRST CHURCH OF THE
NAZARENE**
233 Eastern Avenue
Lynn, MA 01902
781-593-5742

Monthly
Third Saturday of the month
10:00 – 11:30 a.m.
• Serves Lynn residents
• Intake, ID, and proof of residence

LYNN CITY MISSION
300 Western Avenue
Lynn, MA 01904
781-286-3600

Every other week
Saturdays, 8:00 – 9:30 a.m.
• ID required
• Proof of family size, income, phone number, and address
• Emergency food available by appointment

ST. MARY'S CHURCH
8 South Common Street
Lynn, MA 01902
781-598-4907

Weekly
Mondays, 10:00 a.m. – 12:00 Noon
• Bread and pastries only

*Food pantry located in
basement of Chapel,
behind the Church.*

Monthly
Wednesdays 10:00 a.m. – 12:00 Noon
• Food for residents in parish area
• Open to qualified persons
• ID required
• Proof of family size, income, and address

ST. STEPHEN'S CHURCH
74 South Common Street
Lynn, MA 01902
781-599-4220

Every Friday except first Friday of month
3:00 – 4:00 p.m.
• Photo ID for adults
• Birth certificate or health card for children

**SAINT VINCENT DE PAUL
SOCIETY AT ST. JOSEPH'S
CHURCH**
40 Green Street
Lynn, MA 01902
781-593-8049

Every other week
Wednesdays, 6:00 – 7:00 p.m.
• Food for residents in parish area
• ID required
• Proof of family size, income, and address

SALVATION ARMY
One Franklin Street
Lynn, MA 01902
781-598-0673

By appointment only
• Families with children (once a month)
• All others (once every 3 months)
• Bread Only: Wednesdays and Thursdays,
9:30 a.m. (*no appointment needed*)
• Proof of income and ID required

**TREE OF LIFE
SACRED HEART CHURCH**
571 Boston Street
Lynn, MA 01905
781-599-2616

Every other week
Thursdays, 11:00 a.m. – 2:00 p.m.
• Residents of Lynn
• Photo ID required (all persons)
• New people should also bring proof of address, need, and children's address

**WASHINGTON STREET
BAPTIST CHURCH**
256 Washington Street
Lynn, MA 01902
781-595-2550

Monthly
Last Saturday, 10:00 – 11:30 a.m.
• Intake and ID required

IN OTHER AREA COMMUNITIES

**BLESSING ROOM AND FOOD
PANTRY AT CALVARY
CHRISTIAN CHURCH**
67 Grove Street
Lynnfield, MA 01940
781-592-4722

Weekly
Sundays, between services (10:15–10:25 a.m.
and 11:50 a.m. – 12:20 p.m.)
Thursdays, 11:00a.m. – 12:00 Noon
Fridays, 11:00 a.m. – 12:00 Noon
• All served

**ST. JOHN THE
EVANGELIST CHURCH**
174 Humphrey Street
Swampscott, MA 01907
781-593-2544

Weekly
Tuesdays, 11:00 a.m. – 12:00 Noon
Thursdays, 7:00 – 8:00 p.m.
• Residents of parish area
• ID and proof of address required

**UNITED PARISH FOOD
PANTRY AT CLIFTONDALE
CONGREGATIONAL CHURCH**
50 Essex Street
Saugus, MA 01906
781-233-2663

Weekly
Fridays, 9:30 a.m. – 11:00 a.m.
• Twice a month for Saugus residents only
• New users should bring proof of other social assistance they receive